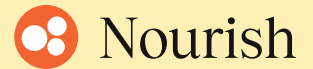


# Refer to Nourish and discover happier, healthier patients



## What is Nourish?


Nourish connects patients with a dietitian for 1:1 medical nutrition therapy via telehealth covered by insurance.


## What is MNT?


MNT (Medical Nutritional Therapy) is a personalized, evidence-based approach to nutrition. Our 500+ Registered Dietitians use MNT to instruct individuals on how to use their diet to manage existing and prevent new medical conditions.


## How do I refer?

Submit a referral in less than 30 seconds

 512-399-9039

 [usenourish.com/refer](https://usenourish.com/refer)

 [refer@usenourish.com](mailto:refer@usenourish.com)

 512-693-7045



## What do existing provider partners think of Nourish?



I know when I send a complicated patient to Nourish they will be able to help and make an impact. They do a great job of integrating patient preferences, needs, insurance, availability, etc. to create the best experience for my patients.



**Primary Care Physician**


Dallas, TX


Patients can find a Registered Dietitian covered by their insurance in all 50 states





Nourish has Registered Dietitians that specialize in >40 chronic conditions, including...


 Prediabetes / diabetes


 Hypertension


 Eating disorders

 Kidney disease

 Digestive diseases

 High cholesterol

 Heart disease

 And many more...

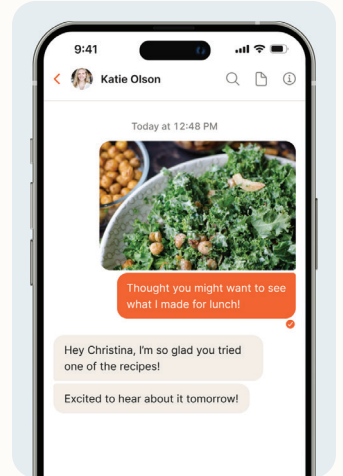
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## What types of patients does Nourish see?

Anyone interested in improving their health can work with a dietitian. That said, Nourish is an especially good fit for a few categories of patients, including those:

- Managing a chronic disease / disorder that can be impacted by nutrition
- With weight concerns (either desired weight loss or weight gain)
- Living with a restrictive diet (eg., allergies)
- Pursuing performance nutrition goals



94% of patients pay \$0 out of pocket

9 out of 10 patients see improved mental and physical health

### 1 Referral

You refer your patient to Nourish (see backside for more details)

### 2 Outreach

We'll text and email the patient within 24 hours with a link to schedule an appointment

### 3 Signup and schedule

The patient will go through our signup flow, validate they have insurance coverage, select an RD, and schedule their intro session

### 4 Assessment and plan

In session 1, Nourish RDs take patients through a detailed nutrition assessment and develop a personalized treatment plan

### 5 Ongoing care

In follow-up sessions, RDs fine tune and implement patient treatment plans

### 6 Care coordination

We'll fax appointment summaries and chart notes back to you after every appointment