PILATES ITC

Studio Initial Consultation Client Notes

CLIENT NAME: _____

INSTRUCTOR: _____

DATE: _____

PROCESS	COMPLETED	NOTES
Talk through pre-exercise screening form and ask any further questions necessary	Y/N	
Take client through initial consultation level program	Y/N	
Write up client notes after consult straight after client has finished	Y/N	

Client Notes:

Subjective:_____
_____
_____
_____

Objective:_____
_____
_____
_____

Assessment:_____
_____
_____
_____

Plan:_____
_____
_____
_____

[OFFICIAL]

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PROGRAM

PIC	REPERTOIRE	SP	ORDER