

Studio Initial Consultation Client Notes

CLIENT NAME: _____

INSTRUCTOR: _____

DATE: _____

PROCESS	COMPLETED	NOTES
Talk through pre-exercise screening form and ask any further questions necessary	Y/N	
Take client through initial consultation level program	Y/N	
Write up client notes after consult straight after client has finished	Y/N	

Client Notes:

Subjective: _____

Objective: _____

Assessment: _____

Plan: _____

P/LATES /TC

PROGRAM

[illegible]